## Monthly Menu

|           | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY  | SUNDAY   |
|-----------|--|--|--|---|---|---|--|
| BREAKFAST | Hot or cold<br>cereal<br>Crispy bacon<br>Scrambled<br>eggs/cheese<br>Toast/jelly<br>Beverage<br>Margarine  | Hot or cold cereal<br>Sausage patty<br>Pancakes<br>Beverage<br>Margarine<br>Syrup            | Hot or cold cereal<br>Egg of the day<br>Crispy bacon<br>Toast/jelly<br>Beverage<br>Margarine | Hot or cold cereal<br>Breakfast Omelet<br>Danish pastry<br>Beverage                     | Hot or cold cereal<br>Sausage scramble<br>Toast/jelly<br>Beverage<br>Margarine                              | Hot or cold cereal<br>Fried egg<br>Biscuits/gravy<br>Beverage   | Hot or cold cereal<br>French toast<br>Sausage patty<br>Syrup<br>Beverage                   |
| LUNCH     | Garlic roasted<br>chicken<br>Herbed rice<br>Italian green<br>beans<br>Rolls<br>Strawberry cake<br>Beverage | Vegetable lasagna Tossed salad/dressing Garlic bread Apple crisp Beverage                    | Pork chop Gravy Scalloped potatoes Vegetable blend Rolls Bread pudding Lemon scone Beverage  | Roast turkey Dressing Baby carrots/green onions Rolls Banana strawberry cup Beverage    | Parmesan baked<br>fish<br>Rice pilaf<br>Tropical coleslaw<br>Rolls<br>Sherbet<br>Beverage                   | Salisbury steak<br>and gravy<br>Pasta/garlic<br>sauce<br>Seasoned peas<br>Cornbread<br>Iced brownie<br>Beverage | Mediterranean pot roast Gravy Baked sweet potato Broccoli florets Rolls Peach pie Beverage |
| ALT       | Baked chicken<br>Corn pudding<br>Sea. Squash<br>medley   | Krabbycake<br>Macaroni and<br>cheese<br>Seasoned peas  | Roast turkey wrap<br>Carrot raisin<br>salad  | Fried chicken<br>Creamed noodles<br>Green beans   | Ham steak<br>Baked beans<br>Broccoli florets  | Country fried<br>steak<br>Red bliss<br>potatoes<br>Italian blend<br>vegetables                                  | Pulled pork<br>Baked potato<br>Lyonnaise carrots   |
| DINNER    | Gazpacho<br>Beef nacho salad<br>Fresh fruit cup<br>Beverage  | Chicken tenders<br>French fries<br>Cucumber onion<br>salad<br>Roll<br>Pound cake<br>Beverage | Pepperoni pizza<br>Side salad<br>Fruit and<br>marshmallow cup<br>Beverage                    | Open faced beef sand. Mashed potatoes Capri blend vegetables Chocolate pudding Beverage | Cream of broccoli<br>soup<br>Chicken salad<br>Marinated green<br>beans<br>Crackers<br>Fruit cup<br>Beverage | Quesadilla<br>Mexican corn slaw<br>Southwest salad<br>Caramel baked<br>apple<br>Beverage                        | Tuna salad/croissant Honey mustard potato salad Sliced tomato salad Fresh cookies Beverage |
| ALT       | Egg salad<br>sandwich<br>Beet and onion<br>salad   | Beef pepper<br>steak/gravy<br>Steamed rice<br>Mixed vegetables                               | Grilled tuna melt<br>Zucchini  | Breaded chicken<br>patty<br>Sweet potato<br>fries<br>Tossed salad                       | Quiche Lorraine<br>Baked tomato<br>half   | Club sandwich<br>Potato chips<br>Creamy cucumber<br>salad   | Hamburger steak<br>Parsley noodles<br>Sautéed spinach                                      |