



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy Birthday Judy B. 1 9:00 Assist with Active Day 10:15 Daily News 12: 30 Assist with Active Day 2:00 Short Stories & Hydration Station	2 9:00 Assist with Active Day 10:15 Current Events 12:30 Assist with Active Day 2:00 Bingo 3:30 Barney the Therapy Dog 6:00 Trivia	3 9:00 Assist with Active Day 10:15 Current Events 12:30 Assist with Active Day 2:00 Peaches & Cream Social 6:00 Movie Night & Popcorn	Happy Birthday Tom R. 4 9:00 Assist with Active Day 9:45 Friendly Fitness 10:15 Current Events 12:30 Assist with Active Day 1:30 4th of July Celebration ~ BBQ 6:00 Movie Night & Popcorn	5 9:00 Assist with Active Day 10:00 Church Service 12:30 Assist with Active Day 2:00 Bowling	6 10:15 Daily Stretch 10:30 Morning Social 11:15 Dining Room Trivia 2:00 Bingo 3:15 Manicures
	Canada Day			Independence Day (US)		
7 10:15 Daily Stretch 10:30 Current Events 11:00 Pampered Hands/Manicures 11:30 Dining Room Assistance 2:00 Board Games	8 9:00 Assist with Active Day 10:15 Daily News 12: 30 Assist with Active Day 2:00 Sing-A-Long	9 9:00 Assist with Active Day 10:15 Current Events 12:30 Assist with Active Day 2:00 Bingo 3:30 Barney the Therapy Dog 6:00 Evening Snacks & Sleepy Time Tea	Happy Birthday Boo M. 10 9:00 Assist with Active Day 10:15 Current Events 12:30 Assist with Active Day 2:00 Spa Day ~ Facials, Massage, Foot Soak 6:00 Movie Night & Popcorn	Happy Birthday Alice B. 11 9:00 Assist with Active Day 9:45 Friendly Fitness 10:15 Current Events 12:30 Assist with Active Day 2:00 Ladder Ball 6:00 Game of 'Choices'	12 9:00 Assist with Active Day 10:00 Church Service 11:30 Scenic Drive & Lunch Outing 6:00 Movie Night & Popcorn	13 10:00 Catholic Communion 10:30 Morning Social 11:00 Dining Room Trivia 2:00 Bingo 3:15 1:1 Visits
14 10:15 Daily Stretch 10:30 Current Events 11:00 Dining Room Trivia 11:30 Dining Room Assistance 2:00 Painting to Music	15 9:00 Assist with Active Day 10:15 Daily News 12: 30 Assist with Active Day 2:00 Game of 'Toss the Pig'	16 9:00 Assist with Active Day 10:15 Current Events 12:30 Assist with Active Day 2:00 Birthday Party with Charlie Brown 3:30 Barney the Therapy Dog 6:00 Trivia	17 9:00 Assist with Active Day 10:15 Current Events 12:30 Assist with Active Day 2:00 Family Feud 6:00 Movie Night & Popcorn	18 9:00 Assist with Active Day 9:45 Friendly Fitness 10:15 Current Events 12:30 Assist with Active Day 2:00 Baking ~ Crescent Moon Pepperoni Pizza Snacks 6:00 Famous Faces	19 9:00 Assist with Active Day 10:15 Current Events 12:30 Assist with Active Day 2:00 Game of 'My Two Cents' 4:15 Formal Dinner with Marty 6:00 Movie Night & Popcorn	20 10:15 Daily Stretch 10:30 Morning Social 11:15 Dining Room Trivia 2:00 Bingo 3:15 Beading
21 10:15 Daily Stretch 10:30 Current Events 11:00 1:1 Visits 11:30 Dining Room Assistance 2:00 Patio Chat & Hydration station	22 9:00 Assist with Active Day 10:15 Daily News 12: 30 Assist with Active Day 2:00 Parachute	23 9:00 Assist with Active Day 10:15 Current Events 12:30 Assist with Active Day 2:00 Bingo 3:30 Barney the Therapy Dog 6:00 Jewelry Making	Happy Birthday Dyan I. 24 9:00 Assist with Active Day 10:15 Current Events 12:30 Assist with Active Day 2:00 Bean Bag Toss 6:00 Movie Night & Popcorn	25 9:00 Assist with Active Day 9:45 Friendly Fitness 10:15 Resident Council Meeting 12:30 Assist with Active Day 2:00 Puzzling & Playful Riddles 6:00 Evening Snacks & Short Stories	26 9:00 Assist with Active Day 10:00 Church Service 12:30 Assist with Active Day 2:00 Family Feud 6:00 Movie Night & Popcorn	27 10:00 Catholic Communion 10:30 Morning Social 11:00 Manicures 2:00 Bingo 3:15 Nutella/Crackers & Reminisce
28 10:15 Daily Stretch 10:30 Current Events 11:00 Dining Room Trivia 11:30 Dining Room Assistance 2:00 Board Games	29 9:00 Assist with Active Day 10:15 Daily News 12: 30 Assist with Active Day 2:00 History Trivia	30 9:00 Assist with Active Day 10:15 Current Events 12:30 Assist with Active Day 2:00 Bingo 3:30 Barney the Therapy Dog 6:00 Game of 'Name Five'	31 9:00 Assist with Active Day 10:15 Current Events 12:30 Assist with Active Day 2:00 Jigsaw Puzzles 6:00 Movie Night & Popcorn			

Sample Calendar

Cascade Park Gardens